



“Frankenstein”

A Cross Sector Integrated Training Model for Military/Veteran Suicide Prevention

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“FRANKENSTEIN” TRAINING

STITCHING IT ALL TOGETHER



Frankenstein Partners



WHY “FRANKENSTEIN”?

THE CHALLENGES

CHALLENGE #1

CHANGE IS CONSTANT

THE STANDARD (DISORGANIZED) MODEL



STATE-LEVEL CROSS-SECTOR COLLABORATION MODEL



THE STANDARD (DISORGANIZED) MODEL

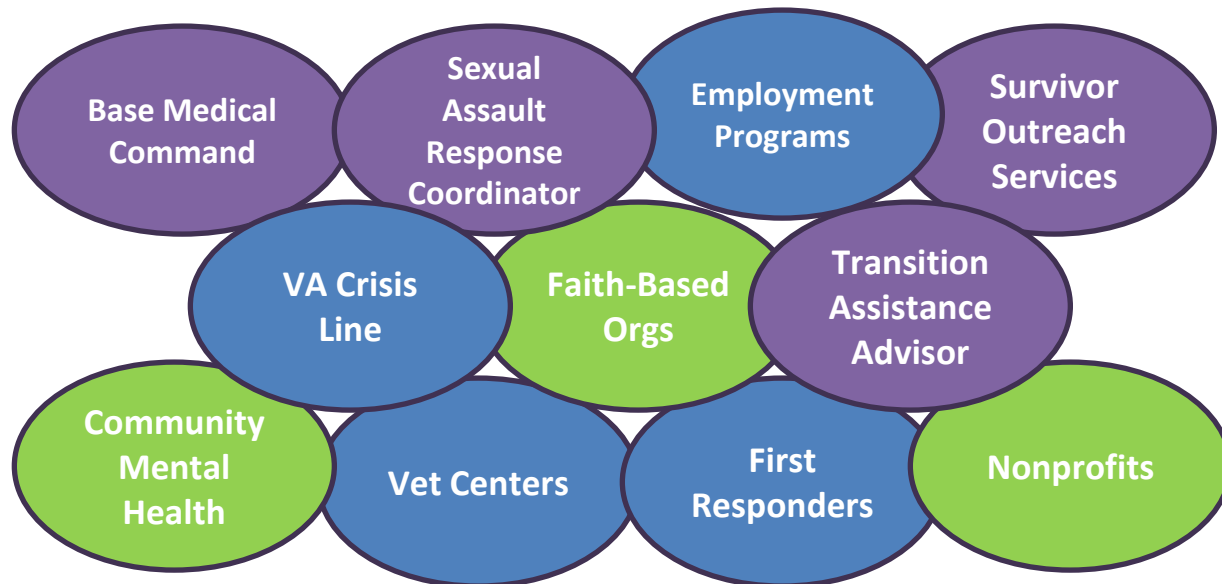


THE NEW MODEL - RESPONSIVE TO CHANGE & LEVERAGES RESOURCES



THE NEW MODEL RESPONSIVE TO CHANGE

2015?
2020?
2025?



CHALLENGE #2

DISTINCT SYSTEMS & CULTURES

MILITARY

*Organizations, People,
Programs, Resources,
Benefits*

GOVERNMENT

*Organizations, People,
Programs, Resources,
Benefits*

COMMUNITY

*Organizations, People,
Programs, Resources,
Benefits*

MILITARY

*Organizations
People
Programs
Resources
Benefits*

GOVERNMENT

*Organizations
People
Programs
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Benefits*

COMMUNITY

*Organizations
People
Programs
Resources
Benefits*

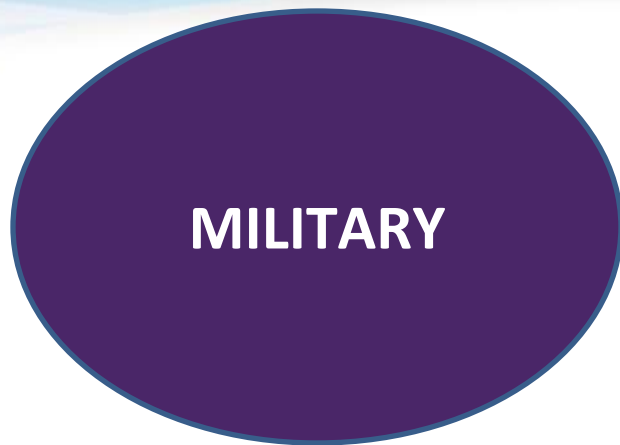
1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that proper record-keeping is essential for transparency and accountability, particularly in financial matters. The text suggests that organizations should implement robust systems to track and document every aspect of their operations, from procurement to sales.

2. The second part of the document addresses the challenges associated with data management and security. It highlights the need for organizations to protect their sensitive information from unauthorized access and breaches. The text recommends the use of secure storage solutions and the implementation of strict access controls to ensure that data remains confidential and intact.

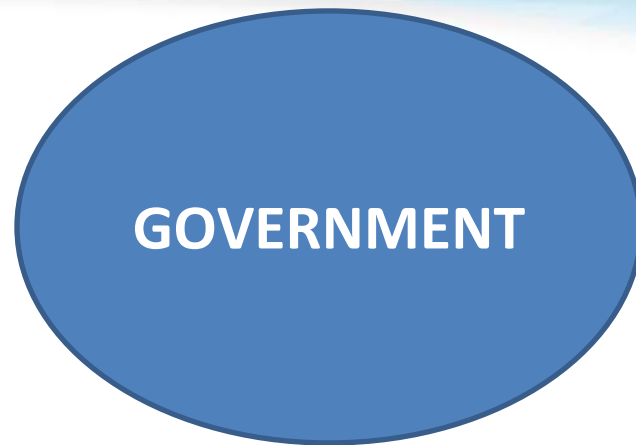
3. The third part of the document focuses on the importance of regular audits and reviews. It states that periodic audits are necessary to identify any discrepancies or irregularities in the records. The text suggests that organizations should conduct both internal and external audits to ensure that their records are accurate and compliant with relevant regulations and standards.

4. The fourth part of the document discusses the role of technology in improving record-keeping and data management. It mentions that the use of digital tools and software can significantly enhance the efficiency and accuracy of record-keeping processes. The text suggests that organizations should invest in reliable technology solutions to streamline their operations and reduce the risk of human error.

5. The fifth part of the document concludes by emphasizing the overall importance of maintaining high standards of record-keeping and data management. It states that these practices are fundamental to the success and sustainability of any organization. The text encourages organizations to continuously improve their record-keeping processes and to stay up-to-date with the latest best practices and technologies.



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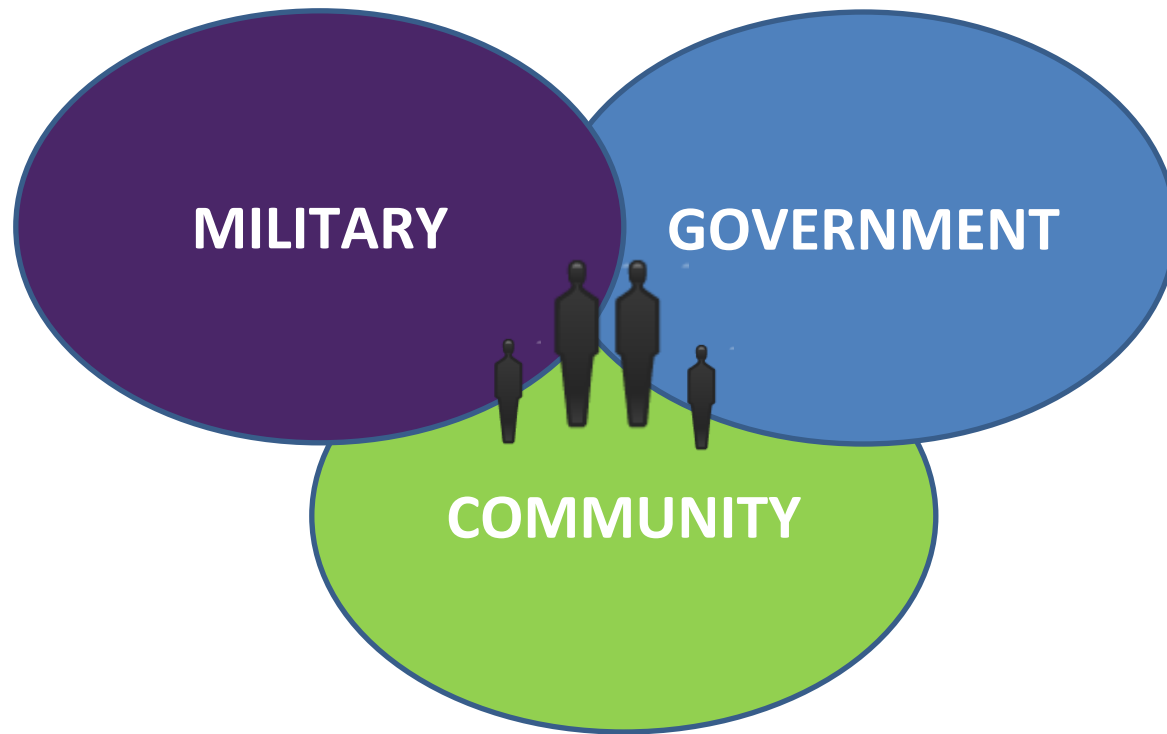
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WHY IS CROSS-SECTOR COLLABORATION A PRIORITY?

Philosophy

- Crosses over and connects
 - **Military:** Active Duty, Guard, Reserve
 - **Government:** federal, tribal, state, local
 - **Community:** All different sectors
- Creates a common language
- Alignment of purpose & intelligent use of assets (in-kind, existing funding, direct funding)
- Promotion of best practices & consistency



Engage and equip all public and private sector partners to collectively provide the best care and support possible to all service members, veterans & family members.

HOW DOES IT IMPROVE CARE WHEN SYSTEMS WORK TOGETHER?

THE “FRANKENSTEIN” MODEL

Integrated Training Model Format

■ Audience

- Combinations of military, government & community
- Integrated when possible
- Sector/organization specific when appropriate

■ Goals for training participants

- Increase awareness of unique experiences and needs of service members, veterans and family members.
- Increase confidence and willingness to intervene if/when they see someone struggling.
- Equip them with practical tools to facilitate building rapport and responding effectively.
- Connect them to the dynamic military/veteran community and to resources.

Integrated Training Model Format

- **Content options (“menu”)**
 - Military/Veteran Culture & Perspective
 - Resilience Skills Training
 - Combat & Operational Stress First Aid (COSFA)
 - Suicide Prevention
 - Navigating the Military/Veteran/Civilian Systems of Care
 - Clinical training (PTS, TBI, Substance Use)
 - Mental Health First Aid
 - Experiential learning (e.g. Military Immersion Training)
 - Custom modules (e.g. spirituality, crisis management, etc.)

Integrated Training Model Format

- Promotion of best practices

Uses existing programs from military/government/community:

Comprehensive Soldier/Airmen Fitness – RTA & modules

Combat & Operational Stress First Aid

ASIST & ACE

Suicide Prevention Pocket Guide (based on WICHE toolkit)

Military culture

Information is vetted through trusted subject matter experts

Integrated Training Model Format

■ Supporting materials - App



**Arizona National Guard
Be Resilient Program App**
iPhone
Android

Includes stress continuum,
resources and more.

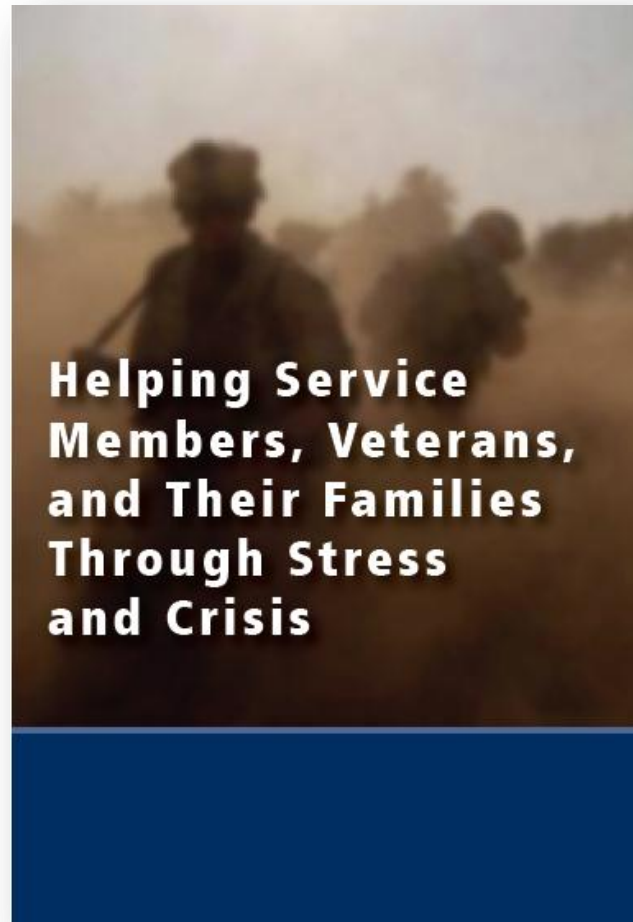
Integrated Training Model Format

- Supporting materials – videos



Integrated Training Model Format

- Supporting materials – Pocket Guide



Integrated Training Model Format

- Supporting materials - *AZ Military/Veteran Resource Network*

The screenshot displays the homepage of the Military/Veteran Resource Network. The header features a circular logo composed of colorful dots and the text "MILITARY/VETERAN RESOURCE NETWORK" with the tagline "MILITARY • GOVERNMENT • COMMUNITY". Below the header is a navigation bar with links: HOME, MY PAGE, GUIDELINES FOR CARE, MEMBERS, RESOURCES & INFO, COMMUNITIES, EVENTS, ABOUT, and CONTACT.

The main content area is divided into several sections:

- WELCOME!**: Includes the Arizona Coalition for Military Families logo and a description of the network as a dynamic community of people and organizations focused on connecting Arizona's 625,000+ service members, veterans, and their families to the right military, government, and community resources at the right time. It also states that the site is administered by the Arizona Coalition for Military Families on behalf of many public and private sector partner organizations.
- GETTING STARTED**: Contains three buttons: "JOIN THE NETWORK", "CONNECT TO RESOURCES", and "GET INVOLVED".
- ARIZONA'S COMMUNITY FORCE**: A section titled "ARIZONA'S COMMUNITY FORCE" with a video player showing a group of people. The video title is "Become a force in your home town." and it includes "Share" and "More info" links.
- MEMBERS**: A section titled "MEMBERS" showing a grid of member photos and a "PARTNER" logo.
- RESOURCES**: A section titled "RESOURCES" with a sub-section "GETTING STARTED: Resources" and a link to "Programs/Services/Benefits".
- CRISIS LINE**: A section titled "CRISIS LINE" with a link to "Veterans Crisis Line" and a phone number "1-800-273-8255".
- EVENTS**: A section titled "EVENTS" listing two events: "2012 Statewide Symposium in Support of Service Members, Veterans & Their Families" and "Combat and Operational Stress First Aid Trainer Training".
- NICOLA WINKEL**: A user profile section for Nicola Winkel, showing "Sign Out", "Inbox", "Friends", and "Settings" links.

The footer includes the Veterans Health Administration Employee Education System logo and two circular logos for the Department of Defense and the Department of Veterans Affairs.

Integrated Training Model Format

- Flexible time frames
 - 1 – 2 hours
 - Half-day & full-day
 - Developing online options
- Flexible locations
 - Military installations
 - Government & community facilities
 - Onsite, in-service training (e.g. Firefighters)

Examples from Pilot Testing in Arizona

- Faith-Based Summit
- Higher Education
- Behavioral Health & Social Services
- Legal, Law Enforcement and First Responders
 - Trained over 1000 Paramedics
 - Will train law enforcement, court staff, all Phoenix firefighters, all crisis system staff



HOW DOES THIS MODEL HELP YOUR ORGANIZATION FULFILL ITS MISSION?

Examples of Outcomes

Pre/Post Testing

	PRE	POST
I am familiar with military culture.	60%	93%
I can recognize the signs that someone is experiencing a stress illness or injury.	76%	95%
I know what steps to take to assist someone who is struggling.	73%	90%
If I found out someone was suicidal, I would know what to do.	80%	93%
I know who to contact if there is a crisis (e.g., VA crisis line, local crisis line, closest emergency room).	78%	97%

Outcomes – Participant Evaluations

Would you recommend this training to your colleagues/other organizations?

Yes 100%

No 0%

Maybe 0%

Comments:

“I have always had a high respect for the Military. This training makes me realize that the civilian community needs to get more involved and aware of their needs.”

“Learning about issues helps me gain perspective into the lives of these individuals. Having that perspective improves my services.”

Outcomes – Participant Evaluations

What was the most helpful thing you learned?

“Experiencing what the Arizona National Guard is training & how they are supporting their own troops.”

“The kind of effort being put into prevention/resilience.”

“The professionals who presented [military trainers] were VERY professional, real and credible.”

“What the military is doing for mental health.”

OTHER EXAMPLES OF IMPACT OF TRAINING

Replication/Implementation

■ Assets

- Partners – Examples from Arizona:
 - Arizona Coalition for Military Families
 - Arizona Department of Veterans' Services
 - Arizona Department of Health Services & Regional Behavioral Health Authorities
 - Arizona National Guard Total Force Team
 - Governor's Council on Spinal and Head Injuries
 - Governor's Office for Children, Youth & Families
 - Northern Arizona University
 - Phoenix Fire Department
 - Southern Arizona Chapter – American Red Cross
 - TriWest Healthcare Alliance
 - U.S. Department of Veterans Affairs
 - Western Interstate Commission for Higher Education

Replication/Implementation

- **Assets** (continued)
 - **People/Subject Matter Experts**
 - Program development
 - Military/veteran culture and needs
 - Clinical issues
 - Systems & collaboration
 - **Funding**
 - In-kind (space, trainers, admin/staff support, planning partnership, printing, supplies, etc.)
 - Existing funding (alignment between funding guidelines and project activities)
 - Dedicated funding via grants (military, government and community sources)

Replication/Implementation

- Identify areas of need *(go with the path of least resistance that makes the most sense)*
- Target audience & relevant content
- Logistics

RECOMMENDATIONS FOR REPLICATION

Contact Info

www.ArizonaCoalition.org

www.AZGuard.gov/resilience/index.html

www.TriWest.com

www.WICHE.edu